



St Francis of Assisi Anglican Church

6945 Meadowvale Town Centre Circle
905-821-2752;
www.stfrancisaofm.org

Fall!

Community Ministries

St. Francis is supporting our community by offering services needed in the community at reasonable prices. Each class is \$5, pay as you go! Below is a schedule of the classes and when they will be held.

Come out and learn something new!

- **Line Dancing** with Sunny:
Mondays 11:00am-12:00noon
- **Yoga** with Margaret:
Wednesdays 10:00-11:30am
- **Zumba Gold*** with Flo Nikai-Lee:
Fridays 10am-10:45am

*Zumba Gold is a low intensity Zumba program aimed at beginners and seniors.

Only \$5 per class, pay as you go!

Programs begin the week of September 11th, 2017.



**Discovering, Experiencing, Sharing
...Jesus Christ**